**UNIT PLAN 3**

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| **Unit Author** | |
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| Course | M. Ed |

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| **Unit Overview** | |
| Unit Plan Title | Growth and Development |

**Curriculum-Framing Questions**

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| Essential Question | Essay questions:   * Compare and contrast the concepts of growth and development in children. |

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| Unit Questions | Short essay questions:   * Differentiate between growth and development. |

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| Content Questions | Short answer type questions:   * What is growth? * Define development. |

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| Unit Summary |
| The growth and development of children encompass the dynamic and multifaceted processes that occur from birth. Growth primarily pertains to the mass, physical changes in a child's size, including height, weight, and body proportions. Development, on the other hand, encompasses a broader spectrum of changes, encompassing cognitive, emotional, and social facets. While growth follows relatively predictable patterns, development varies from one child to another, influenced by genetic factors, environment, and experiences and leads to maturation. This developmental journey can be divided into several stages, with each stage marked by distinct milestones and challenges and is qualitative in nature while growth is quantitative. Childhood development progresses from basic sensory and motor skills to more complex cognitive abilities, forming social relationships, and developing a sense of identity. |

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| Subject Area(s) |
| Psychology |

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| Class Level |
| D. El. Ed |

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| Student Objectives |
| To understand the concept of growth.  To understand the concept of development.  To be able to differentiate between growth and development.  To understand the relevance of growth and development in children. |

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| Procedure |
| Introductory Activity (15 minutes): The class begin with creating a rapport with the students sharing their ideas on an incident with respect to children of different age group possible responding to it with help of PPT and video slides.  Session 1 (20 minutes): The students discuss the concepts of growth and development and its comparison using presentation slides and group discussion.  Session 2 (10 minutes): The class is divided into groups and each group discusses a situation given to suggest ways to respond as a teacher with help of handouts.  Session 3 (5 minutes): The students summarize on comparison of growth and development.  Follow-up Activity – Prepare a short note on the factors that influence variations in growth and development among children considering genetics, environment, nutrition etc. |

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| Approximate Time Needed |
| 50 minutes |

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| Prerequisite Skills |
| The students are familiar about physical aspects of human body.  The students know about factors affecting behavior. |

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| Printed  Materials | *D.El.Ed – THE STATE COUNCIL OF EDUCATIONAL RESEARCH AND TRAINING- KERALA*. (n.d.). Retrieved October 26, 2023, from <https://scert.kerala.gov.in/d-el-ed/>  *Samagra*. (n.d.). Retrieved October 27, 2023, from <https://samagra.kite.kerala.gov.in/#/textbook/page> |

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| Supplies | Black board, chalk, LCD Projector, Reading materials, Computer |

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| Other  Resources | Power point presentation  Handouts |

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| Accommodations to support different levels of learners in your classroom | |
| Resource Student | Support Structure, pairing with gifted students. |
| Gifted Student | Discuss the impact of technology and screen time on the development of children. Compare the benefits and drawbacks of technology in relation to growth and development. |

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| Reflection |
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| Key Word Search |
| Growth, development, mass, maturation, quantitative, qualitative. |