

## Unit Plan Template

Unit Author	
<b>First and Last Name</b>	ATHIRA RAJU
<b>Author's E-mail Address</b>	<b>Athiraraju535@gmail.com</b>
<b>College Name</b>	St. Joseph College of Education For women
<b>College Address</b>	Kovilvattom Road , Ernakulum
<b>College Phone</b>	0484 – 2351695
<b>Course</b>	M. Ed

Unit Overview	
<b>Unit Plan Title</b>	Emotional development

Curriculum-Framing Questions

**Essential Question**

1. What is emotional development, and why is it important for individuals at childhood stage?
2. Discuss the role of family dynamics and parenting styles in shaping a child's emotional development. How can educators work collaboratively with families to support children's emotional growth in school?
3. Analyze how emotional development is particularly relevant in the context of inclusive education. How can teachers create an emotionally supportive and inclusive classroom environment for all students?
4. Explore the significance of emotional development in early childhood. How does emotional intelligence impact a child's learning and social interactions? Provide examples and discuss the implications for educators.

<b>Unit Questions</b>	<ol style="list-style-type: none"><li>1. What is emotional development?</li><li>2. Why is emotional development important in children?</li><li>3. What are the key milestones in emotional development during early childhood?</li><li>4. How can educators support emotional development in the classroom?</li><li>5. What are the potential consequences of neglecting emotional development in children?</li><li>6. How do family dynamics influence a child's emotional development?</li><li>7 How does cultural diversity influence emotional development?</li></ol>
-----------------------	---

<b>Content Questions</b>	<ol style="list-style-type: none"><li>1. What is emotional development?</li><li>2. What are some common emotions that children experience?</li><li>3. What is empathy in emotional development?</li></ol>
--------------------------	---

<b>Unit Summary</b> <p>This unit discussing about Emotional development is the process by which individuals, especially children, acquire the capacity to recognize, express, and regulate their emotions. It evolves through various stages of life, from infancy to adulthood, as individuals become more emotionally aware and proficient in understanding and managing their feelings. Emotional development is of paramount importance as it underpins effective communication, empathy, and social interactions. It is linked to self-awareness, emotional regulation, and the ability to build healthy relationships. Key characteristics of emotional development include emotional awareness, adaptability, empathy, and self-control. Several factors influence emotional</p>
---

development, including genetics, family dynamics, cultural background, and life experiences, all of which can shape an individual's emotional growth and overall emotional intelligence.

Subject Area(s)

PSYCHOLOGY

Class Level

D.El.Ed

Student Objectives/Learning Outcomes

- To understand the salient features of the emotional development and its importance
- To analyze the perspectives on emotional development and formulating conclusions.
- To recognize the role of parents, teachers, peers, and neighborhood in emotional development.
- To recognize the importance of emotional development and emotional intelligence in life success and apply it in your own life.
- To recognize the importance of emotional development of learners and forming an attitude of intervention

- To understand the factors affecting the emotional development.
- To understand the characteristics of the the emotional development

#### Procedures

Session 1: The teacher starts the class by showing a video of different emotions and ask the students to count up the different emotions.(5 minutes).

Session 2: The teacher introduces emotional development of the child with the help of ppt .(10minutes).

Session 3: The teacher explains the characteristics of emotional development with use of ppt.(10minutes)

session 4, The teacher shows a PowerPoint about the factors affecting the emotional development and Explain with examples (20 minutes).

Session 5 : The teacher divides the children into 6 groups. Each group is then given an activity card. The teacher deliver some statements ,one word questions, about the emotional development .The students should write the answer in the quick span of time.gift will be distributed to the winning group (10 minite)

Follow up activity: Discover different types of games that help to foster emotional development

Approximate Time Needed

50 minutes

Prerequisite Skills

Students are already familiar with the different emotions of human beings.



<b>Printed Materials</b>	<p>Kanke, H. (2019). <i>Understanding the Stages of Emotional Development in Children</i>. <a href="https://www.rasmussen.edu/degrees/education/blog/stages-of-emotional-development/">https://www.rasmussen.edu/degrees/education/blog/stages-of-emotional-development/</a></p> <p>Klyer, J. (2019). <i>Social and Emotional Development in Early Learning Settings</i>. <a href="https://www.ncsl.org/human-services/social-and-emotional-development-in-early-learning-settings#:~:text=For%20most%20infants%20and%20young,and%20listen%20and%20follow%20directions.">https://www.ncsl.org/human-services/social-and-emotional-development-in-early-learning-settings#:~:text=For%20most%20infants%20and%20young,and%20listen%20and%20follow%20directions.</a></p>
--------------------------	---

<b>Supplies</b>	Black board, chalk, LCD Projector,
-----------------	------------------------------------

<p><b>Other Resources</b></p>	<p>Ppt presentation based on the characteristics and factors of emotional development.</p> <p>A video presentation about the emotional development</p>
-------------------------------	--

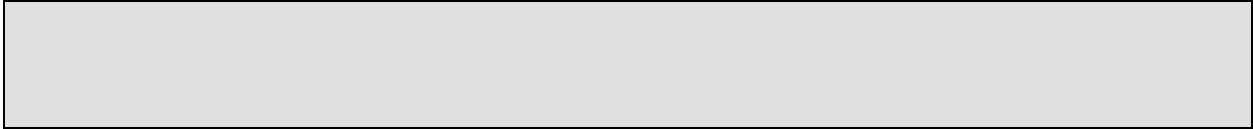
<p><b>Others</b></p>	<p>Extended Work Time, detailed description.</p>
----------------------	--

<p>Accommodations to support different levels of learners in your classroom</p>	
<p><b>Resource Student</b></p>	<p>Pairing the resource child with gifted students</p> <p>Giving a detailed description.</p> <p>Special appreciation for the correct works</p>
<p><b>Gifted Student</b></p>	<p>Extra activity provided for the enhancement of the topic emotional development and to discuss it with the co-students</p>

<p>Student Assessment</p>
---------------------------







Key Word Search
Emotional Development